



# Mindtrust Leadership

Learn | Experience | Connect

## DEVELOPING THE LEADERS OF TOMORROW

For the past 20 years, Mindtrust Leadership has been providing youth with an opportunity to learn from leadership experts, and connect with leaders from within their own communities.

Our mentors are community leaders that come from all walks of life, including community organizations, as well as the public and private sectors. Our participants are primarily youth from our local communities – with diverse backgrounds, and equally diverse aspirations for their futures.

## OUR CORE PROGRAMS

### Mindtrust Leadership Development Program (MLDP)

Delivered since 2005, in partnership with post-secondary institutions in the National Capital Region, this program features seven interactive sessions facilitated by leadership development experts. Leadership theory and content is complemented by the inclusion of community leaders, whom share their practical leadership experiences and wisdom.

### Mindtrust Youth leadership Program (YLP)

Delivered since 2020, in collaboration with local community organizations, this program responds to the need to develop next generation leaders. It is intended for young, impact-driven, and demonstrated leaders with an interest in the future of leadership.

## THE IMPORTANCE OF LEADERSHIP

Often confused with *management*, leadership is about supporting a team to achieve a common objective... Leadership is a skill – and like any skill, it needs a foundation based on experience, practice, and mentorship. Our leadership experts have many years of experience working with youth, specializing in leadership communication skills, conflict management, and balancing different leadership styles.

## WHY MINDTRUST?

Mindtrust Leadership partners with other leadership- and community-oriented organizations, drawing on their expertise and sharing resources. Mindtrust program participants get opportunities to meet and network with these organizations, giving them even more support for their lifelong leadership journey.

Mindtrust has developed its own community of graduates, mentors and volunteers. Many of our alumni return to the program as mentors, giving their insights to the next generation of participants, and in many cases, directly relating to participants as members of their own neighbourhoods, backgrounds, and communities.



## ALUMNI TESTIMONIALS

*“The YLP experience for me is one that will be with me for the rest of my life. It is empowering, encouraging and eye-opening on my potential and how I can function better in my leadership journey.”*

*“I got to do a lot of self-introspection during these sessions that definitely helped me learn more about what kind of a leader I want to be.”*

*“Le programme m’a fortement aidé, j’ai après tellement de choses très importante qui m’aiderons pas seulement aujourd’hui mais aussi dans l’avenir. C’est un programme que je recommand à tous.”*

**Apply Now!**



# MINDTRUST YOUTH LEADERSHIP PROGRAM (YLP)

## PROGRAM OVERVIEW:

The program consists of six modules, which cover key concepts related to leadership in today’s innovative world, as follows:

### Launch Session

- Overview of Program & Introductions
- What is Leadership About?
- Leading from Within

### The Leader in You

- What Makes a Great Leader?
- Your Personal Core Values
- Mindsets of a Leader

### Leadership & Personal Style

- Assessment of Your Social Style
- Working & Communicating with Others
- Managing Conflicts

### Decision-Making Frameworks

- Setting Objectives – Short-term vs. Long-term
- Strategic Planning
- Frameworks & Models for Effective Decision-Making

### Measuring Outcomes & Impact

- Identifying the Problem & Context
- Evaluating Performance – Personal & Team
- Making an Impact as a Young Leader

### Personal Leadership Statements & Graduation

- Presentation of Personal Leadership Statements
- Panel & Individual Discussions with Community Leaders

