



Mindtrust Leadership

Mindtrust Leadership Development Program (MLDP)

BACKGROUND:

The Mindtrust Leadership Development Program (MLDP) has been successfully delivered since 2005, in partnership with post-secondary institutions in the National Capital Region. Through its 19-year history, Mindtrust has graduated over 1,200 alumni.

MLDP is responding to the need to develop **next generation leaders**, and is intended for **mature, impact-driven** students with an interest in the **future of leadership**. This program features seven interactive sessions facilitated by leadership development experts. Leadership theory and content is complemented by the inclusion of community leaders, whom share their practical leadership experiences and wisdom with the program participants.

PROGRAM OVERVIEW:

MLDP 2024 will use a combination of in-person and online delivery, while focusing on the unique aspects of the program including:

- A variety of learning activities about important leadership topics, while providing a solid base for the participants to undertake their own leadership journey
- Interactive teaching approaches to allow maximum participation and attention
- Interaction with Mindtrust leaders to share their knowledge, experience, and wisdom
- Working with students from other institutions to develop long-term relationships

The sessions are optimized for delivery with a mix of pre-work/readings, a short introduction video for each topic, and a facilitated session. Each topic is divided into two sections as follows:

- 1) Topic overview (3 – 5 minutes) is pre-recorded and available to the participants in advance of the real-time session. The overview is available for self-service by the participants, along with any additional reading material, links to third-party videos, and access to online assessments and surveys.
- 2) Real-time interactive session (2.5 – 3 hours) conducted in-person or via Zoom with breakout rooms, real-time chat, real-time polling, and shared whiteboard capability. This includes two or three exercises using breakout sessions with a Mindtrust leader assigned to each group to participate, observe, or provide guidance. All sessions will include an opportunity to interact with the Mindtrust leaders.

The final session, Leadership in Action, brings everything together, culminating in participants presenting their individual Personal Leadership Statements to the Mindtrust leaders. Graduation will be acknowledged using Credly Acclaim badges, which can be included on each participant's LinkedIn profile and personal resume.



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MLDP SESSION LIST:

The program consists of seven modules, which cover key concepts related to leadership in today's innovative world, as follows:

1. Launch Session

- Overview of Program & Introductions
- Leadership Dimensions
- Are Leaders Born or Made?

2. Leadership from Within

- What Makes a Great Leader?
- Leadership vs. Management
- Leadership Style Assessment (INSIGHT)

3. Communications & Influence

- Leadership Qualities that Increase Influence
- Influence as an Outcome

4. Team Collaboration & EDI

- Facilitation & Team Development
- Fundamentals of Equity, Diversity, & Inclusion (EDI)

5. Balanced Leadership

- Work/Life Balance
- Resilience & Stress

6. Leadership & Conflict

- Sources of Conflict
- Conflict Resolution Styles

7. Leadership in Action

- Presentation of Personal Leadership Statements
- Panel & Individual Discussions with Community Leaders



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PROPOSED MLDP 2024 SCHEDULE:

MLDP 2024 will be delivered as a series of 7 sessions, weekly on Friday afternoons, as follows:

Date	Time	Title	Leader(s)	Location
January 19	1:00pm – 4:00pm	Launch Session	Elysée Pratt	University of Ottawa
January 26	1:00pm – 3:30pm	Leadership from Within	Pratt	Zoom #1
			DeVellis	Zoom #2
			Elysée	Zoom #3
February 2	1:00pm – 3:30pm	Communications & Influence	DeVellis	Zoom #1
		Team Collaboration & EDI	Elysée	Zoom #2
		Balanced Leadership	Pratt	Zoom #3
February 9	1:00pm – 4:00pm	Leadership & Conflict	DeVellis Elysée	Carleton University
February 16	1:00pm – 3:30pm	Team Collaboration & EDI	Elysée	Zoom #1
		Balanced Leadership	Pratt	Zoom #2
		Communications & Influence	DeVellis	Zoom #3
March 1	1:00pm – 3:30pm	Balanced Leadership	Pratt	Zoom #1
		Communications & Influence	DeVellis	Zoom #2
		Team Collaboration & EDI	Elysée	Zoom #3
March 8	1:00pm – 4:00pm	Leadership in Action	DeVellis Haw	Bayview Yards

SESSION LEADERS:

David Pratt: <https://www.linkedin.com/in/david-pratt-30469a120/>
 Jephthee Elysée: <https://www.linkedin.com/in/jephtee-elysee/>
 Leah DeVellis: <https://www.linkedin.com/in/leahdevellis/>
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QUESTIONS: programs@mindtrustleadership.ca



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FREQUENTLY ASKED QUESTIONS (FAQ):

1. When will the Mindtrust Leadership Development Program be held?

The program will take place weekly during seven sessions from January 19 – March 8, 2024.

2. Where will the Mindtrust Leadership Development Program be held?

The program will be held in a hybrid format, with three (3) in-person sessions and four (4) online sessions (Zoom webinars). The Launch Session will be held at the University of Ottawa, the Leadership & Conflict Session will be held at Carleton University, and the Leadership in Action Session will be held at Bayview Yards. Please note that the in-person sessions will not be recorded, nor will these in-person sessions be available online.

3. How much does it cost?

The normal fee per participant is set at \$399; however, this fee will be reduced to \$125 for Algonquin, Carleton, and uOttawa students due to the generous support of the institutional partners, corporate sponsors, and Mindtrust itself.

4. What is included in the fee?

All costs for the sessions, materials used during the sessions, and the graduation badge are included. *Transportation to in-person sessions will not be covered.*

5. How many people will be admitted to the Program? Who is eligible?

For the 20th anniversary of MLDP, the program will include the largest cohort to-date, with up to 90 participants admitted. Preference will be given to mature and final-year students in degree and diploma programs at partner post-secondary institutions, as well as to those whom are from disadvantaged/racialized communities.

6. What is Mindtrust?

Mindtrust is a not-for-profit corporation (charity) based in Ottawa, with the following mission:

Mindtrust brings together youth leaders in the local community to learn, share experiences and support one another in the pursuit of leadership excellence.

7. What else does Mindtrust do?

Mindtrust delivers youth leadership development programs and community leadership networking events to potential youth leaders from across the National Capital region. Since 2020, Mindtrust has delivered 9 cohorts of its Youth Leadership Program (YLP) to young aspiring leaders between the ages of 16 and 29. Mindtrust is also developing a mentorship program for young leaders to be paired with established community and business leaders.

Note: The program is currently offered in English exclusively.