



# Mindtrust Leadership

## Youth Leadership Program (YLP)

### **BACKGROUND:**

The Mindtrust Youth Leadership Program (YLP) builds on the 19-year history of the very successful Mindtrust leadership programs for youth with more than 1,200 graduates. YLP responds to the need to develop **next generation leaders** and is intended for **young, impact-driven**, and **demonstrated** leaders with an interest in the **future of leadership**. YLP has been delivered nine times since early 2020 in collaboration with local community organizations.

### **PROGRAM OVERVIEW:**

The program consists of six modules, which cover key concepts related to leadership in today's innovative world, as follows:

#### **1. Launch Session**

- Overview of Program & Introductions
- Leadership from Within

#### **2. The Leader in You**

- What Makes a Great Leader?
- Your Personal Core Values

#### **3. Leadership & Personal Style**

- Assessment of Your Social Style (Analytical, Driver, Amiable, & Expressive)
- Working & Communicating with Others

#### **4. Decision-Making Frameworks**

- Setting Objectives – Short-term vs. Long-term
- Strategic Planning
- Frameworks & Models for Effective Decision-Making

#### **5. Measuring Outcomes & Impact**

- Identifying the Problem & Context
- Evaluating Performance – Personal & Team

#### **6. Personal Leadership Statements & Graduation**

- Presentation of Personal Leadership Statements
- Panel & Individual Discussions with Community Leaders



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### Why Should You Consider the Mindtrust Youth Leadership Program?

- Expand your leadership skills as an early step along your leadership journey
- Be encouraged to consider the impact that you can have as a leader
- Meet other engaged youth from a variety of backgrounds
- Extend your network through discussions with Mindtrust Leaders (mentors)

### Each Module Includes the following:

- Pre-session work, including reference articles and/or short videos; a personal assessment will be required before some sessions
- A two-hour interactive session, including:
  - Delivery & discussion of content (60 minutes)
  - Interactive exercises, using breakout groups (45 minutes)
  - Anecdotes & personal leadership stories (15 minutes)

### YLP-11 SCHEDULE:

The program is delivered as a series of interactive sessions weekly on Tuesdays, as follows:

Date	Time	Title	Leader(s)	Location
November 14 <sup>th</sup>	5pm – 7pm	Launch Session	Jephtée, Noelle, & Matt	Bayview Yards
November 21 <sup>st</sup>	5pm – 7pm	Leadership & Personal Style	Noelle & Divya	Zoom
November 28 <sup>th</sup>	5pm – 7pm	The Leader in You	Noelle	Zoom
December 5 <sup>th</sup>	5pm – 7pm	Decision Making Frameworks	Jephtée & Matt	Zoom
December 12 <sup>th</sup>	5pm – 7pm	Measuring Outcomes & Impact	Jephtée	Zoom
December 19 <sup>th</sup>	5pm – 7pm	Personal Leadership Statements & Graduation	Jephtée & Matt	TBA (In-person)

### SESSION LEADERS:

Jephtée Elysée:

<https://www.linkedin.com/in/jephtee-elysee/>

Noelle Le Conte-Good:

<https://www.linkedin.com/in/noelle-le-conte-good/>

Divya Jhunjunwala:

<https://www.linkedin.com/in/divya-jhunjunwala/>

Matthew Haw:

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### QUESTIONS:

[programs@mindtrustleadership.ca](mailto:programs@mindtrustleadership.ca)



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### **FREQUENTLY ASKED QUESTIONS (FAQ):**

**1. When will the Youth Leadership Program be held?**

The program will take place weekly during six sessions starting on November 14, 2023.

**2. Where will the Youth Leadership Program be held?**

The program will be held in-person (two sessions) and online (four sessions). The in-person Launch Session will be held at Bayview Yards. The location of the final session is TBD.

**3. How much does it cost?**

The normal fee to attend is \$375 per person. The fee will be waived for residents of Ottawa due to the generous support of our community partners.

*\*Transportation to in-person sessions will not be covered.*

**4. How many people will be admitted to the Program? Who is eligible?**

Between 20 and 25 young leaders between 16 and 29 years of age will be offered positions in the program. Preference will be given to those who are from disadvantaged/racialized communities.

**5. What is Mindtrust?**

Mindtrust is a not-for-profit corporation (charity) based in Ottawa, with the following mission:

*Mindtrust brings together youth leaders in the local community to learn, share experiences and support one another in the pursuit of leadership excellence.*

*Note: The program is currently offered in English exclusively.*



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### TESTIMONIALS FROM PAST PARTICIPANTS:

“YLP was a life-changing experience that opens eyes to many things that did not cross our minds. It changed my perspective in leadership and how I follow my actions.” - *Arine Karapetyan*

“Mindtrust YLP opened up new avenues of thought regarding what it means to be a leader, and being aware of things like my leadership style, as well as the values I’ve been (unconsciously) living by having facilitated me to be a more intentional leader at every level of my life.” - *Nana Afia Twum-Barimah-Adu*

“The YLP experience for me is one that will be with me for the rest of my life. It is empowering, encouraging and eye-opening on my potential and how I can function better in my leadership journey.” - *Temitayo Oluwalade*

“It was an amazing experience with a lot to learn from Manu and Claude. The welcoming and friendly environment made me more confident and able to be out of my comfort zone.” - *Fady Shenouda*

“YLP allowed me to meet like-minded individuals who all are eager to further develop their sense of leadership. A great sense of community after the first session.” - *Jean-Simon Lavoie-Albert*

“YLP has been an amazing experience which has taught me the true meaning of being a leader.” - *Huzair Qaisar*

“I really enjoyed my time at YLP. The discussions with the other participants was refreshing and synergistic. I gained tangible skills and created a foundation for change in my community.” - *Haley Aldred*

“I really enjoyed the program and learned more about myself as a leader, my style and what kind of leader I want to be.” - *Rafaela Duarte*

“Thought provoking topics were great.” - *Luke Potvin*

“I got to do a lot of self-introspection during these sessions that definitely helped me learn more about what kind of a leader I want to be.” - *Nishima Malviya*

“Overall great and valuable experience. Thank you, Claude and Manu, for your efforts and commitment!” - *Younes Boukhaffa*

“Being part of Mindtrust YLP made me aware of the leader that we can become and mostly help us realize that leadership comes from the human being not the work title.” - *Léna Kantorska*

“Mindtrust YLP is an amazing program that allows young professionals the ability to identify their strengths in order to become the leader they want to be. The program is free, flexible and an amazing opportunity to be part of an extensive network!” – *Carolina Lopez*

“The Mindtrust program is truly an eye-opening experience that has allowed me to discover the true essence of leadership. It has equipped me with a diversity of life skills and problem-solving skills; and has helped me gain more confidence. Through this program, I have met and engaged with distinctive individuals in a very friendly environment. The program is a valuable opportunity for personal development and networking for aspiring future leaders. I would recommend everyone to attend this program!” – *Zahie Abboud*