



# Youth Leadership Program (YLP)

The Youth Leadership Program (YLP) builds on the 15-year history of the successful Mindtrust Leadership Development Program (MLDP). YLP is responding to the need to develop **next generation leaders**. This program is intended for **young, impact-driven, and demonstrated** leaders with an interest in the **future of leadership**.

The YLP pilot will be delivered from January 16 to March 6, 2020, for 15 to 20 young people in collaboration with Youth Ottawa and other local community organizations.

## **PROGRAM OVERVIEW:**

The program consists of six modules which cover various concepts related to leadership plus a facilitated final session which includes community leaders to make it real and address any questions that the participants might have.

- 1. The Leader in You - Kick-off and Definition of Leadership**
  - Overview of program
  - What makes a great Leader?
  - Leader - born versus made
- 2. Foundation and Theory of Leadership**
  - Leadership versus Management Integrative leadership model
  - Leadership Skills
  - Integrative leadership model
- 3. Vision, Objectives and Strategy**
  - Vision – Personal versus Organization
  - Setting Objectives – Short-term versus Long-term
  - Strategy and Strategic Planning
- 4. Leadership Style**
  - Four Leadership Styles
  - Communicating with Like and Unlike People
  - Dealing with Stress
- 5. Execution: Decision Making and Achieving Results**
  - Decision Making Frameworks, Models and Tools
- 6. Evaluation and Measuring Impact**
  - Evaluating Performance – Personal and Team
  - Identifying Objectives and Measuring Impact
- 7. Group Leadership Exercises, Panel Discussion and Graduation**
  - Group exercises to demonstrate leadership lessons learned
  - Panel discussion with community Leaders (Q&A)
  - Certificate presentation

Some of the modules will include on-line videos and interactive quizzes. The initial and final sessions will be facilitated and will include community leaders to bring local examples, stories, context and knowledge to share with the participants.

## **YLP SCHEDULE:**

The pilot delivery of YLP will include a live kick-off session on January 16 from 5:30 to 7:30 PM, shorter sessions on Thursday evenings from 7:00 to 8:00 PM (January 23, 30 and February 6, 13, 27) and the final session from 2:30 to 4:30 PM (March 6). All sessions will be held at Bayview Yards and a combined reception with MLDP will be held on the final day from 4:30 to 6:00 PM.

**QUESTIONS:** [President@MindtrustLeadership.ca](mailto:President@MindtrustLeadership.ca) or +1 (613) 301-0474.



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## Frequently Asked Questions (FAQ):

**1. Who is the Program for?**

The program is focused on high potential youth who otherwise do not have leadership development access. Please note that the program is offered in English language only.

**2. Is there a screening process for the program?**

All interested candidates are encouraged to apply through the online form. All submissions will be reviewed to select candidates for the program. All applicants would be notified about the decision by January 14, 2010, at the latest.

**3. When will the Program be held?**

The program will take place over seven sessions from January 16 to March 6, 2020.

**4. What are the dates for the sessions?**

Session 1. The Leader in You (*January 16, 2020, 5:30-7:30 pm*)

Session 2. Foundation and Theory of Leadership (*January 23, 2020, 7:00-8:00 pm*)

Session 3. Vision, Objectives and Strategy (*January 30, 2020, 7:00-8:00 pm*)

Session 4. Leadership Style (*February 6, 2020, 7:00-8:00 pm*)

Session 5. Execution: Decision Making and Achieving Results (*February 13, 2020, 7:00-8:00 pm*)

Session 6. Evaluation and Measuring Impact (*February 27, 2020, 7:00-8:00 pm*)

Session 7. Group Leadership Exercises, Panel Discussion and Graduation (*March 6, 2020, 4:00-6:00 pm*)

**5. Where will the Program be held?**

The program will be held at Bayview Yards, 7 Bayview Station Road, Ottawa, ON K1Y 2C5. The location can be easily accessed through public transport.

**6. How much does it cost?**

There is **no fee** to attend the program pilot due to the generous support of Ottawa Community Foundation (OCF), Centre for Social Enterprise Development (CSED) and Mindtrust.

**7. What is included?**

The cost of the six sessions as well as the food and refreshments for the graduation ceremony are included. *Transportation to and from Bayview Yards is not covered.*

**8. How many people will be admitted to the Program? Who is eligible?**

Between 15 and 20 young leaders who are at least 17 years of age and high school graduates (or will graduate by June 2020) will be admitted to the program pilot.

**9. What is Mindtrust?**

Mindtrust is a not-for-profit corporation based in Ottawa, Canada's capital city, with the following mission "*Mindtrust brings together leaders in the local community to learn, share experiences and support one another in the pursuit of leadership excellence.*"

**10. What else does Mindtrust do?**

Mindtrust has been delivering the annual Mindtrust Leadership Development Program (MLDP) for the past 15 years with an alumnus of more than 900 graduates. This unique program is offered in partnership with University of Ottawa, Carleton University and Algonquin College, for upper-year students, and is delivered by educators with strong experience in developing leaders in a variety of corporate environments. One unique and compelling aspect of MLDP is that each seminar/workshop includes a number of community leaders to make the learnings practical and real-world. Further, Mindtrust hosts quarterly Leadership Drinks that provides consistent networking opportunities for MLDP alumni.

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